

Officials,

New for the 2019-20 season on Center Mat is a monthly posting titled “Reminders & Clarifications”. Please note the following issues and trends to be addressed.

Reminders & Clarifications

Reminders:

1. Prior to the start of Open Tournaments and Invitationals, please inform coaches that per rule 3.2.1, Coaches and Medical Personnel must be properly attired, when coaching in the Reserved Zone. Those in violation will not be allowed in the Reserved Zone to coach. Please note violations of this rule, result in the Head Coach being penalized for Control of Mat.
2. Baiting: There is no official warning prior to calling a wrestler for Baiting. Be preventive – if you suspect a wrestler, verbally instruct the wrestler to “Improve”. Use good judgement in these situations. Baiting is a technical violation – 1 pt. penalty.
3. In scoring situations, if the defensive wrestler commits an illegal act, – (e.g. Hands to the Face, Kickback in the Neutral Position, Figure 4 on the body or head) if not in danger allow the offensive wrestler the opportunity to score. When the offensive scoring is completed, stop the match, verbally announce the illegal hold, award the penalty point, and re-start the match. Signaling the illegal hold during the action is the proper call/mechanics.

Clarification:

1. Prior to the start of Dual Meets, if the coaches have mutually agreed upon the weight class to start at, just as in previous years, bring the Captains out, and flip the disc to determine which team has choice on the odd/even matches.

If the coaches did not agree at what weight class to start at, and you've been informed what weight the dual meet will begin at, and whose has choice on the odd/even bouts, then, prior to start of the match, bring the Captains out, remind them whose has choice on the odd/even matches, and who'll be designated red/green. In both situations, always inform the Head Table of the results.