



SRE Article #3 Rules Reminders and Clarifications After Week #1

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This article is to provide a few off the mat rules reminders. Each of these issues came up during the completion of the first weekend of the 2021-22 season. Please ensure that you are aware of the appropriate rules reminders noted below.

- The weigh-in time for dual meets has NOT changed. All teams must adhere to Rule 9.3.1 for dual meets which states: "Wrestlers shall weigh in one hour or sooner before the start time of competition." This means anything less than a one-hour weigh-in is OK, anything longer than one hour before competition start time is a rules violation.
- The weigh-in time rule for multi-day team and individual tournaments has changed. Rule 9.4.2 now reads: "...individual or team advancement tournaments, weigh-ins shall be held two hours or sooner before the start time of competition **on each day of competition.**" This means the 2nd and 3rd day of a multi-day event may now have a 2-hour weigh-in instead of a 1-hour weigh-in (e.g. NCAA Championships, Midlands, Virginia Duals etc.).
- The new rule on weight allowance for back to back events states that there must be back to back **team competition (Rule 9.3.2)**. This means that both events are countable dates of competition on the team schedule. For example, a team may not request a weight allowance when they have a dual meet on Friday and then on Saturday, they are sending 4 guys to an open event. If a team is uncertain if they will send enough attached wrestlers to the second day event to count as a team date of competition, then they should NOT request a weight allowance.
- Teams with back to back countable dates of competition must timely notify the event host of the second day event of this fact. Failure to notify the second day event host may result in the allowance not being provided at that event.
- Extra countable matches (ECMs) may be conducted prior to any event but ECMs may NOT delay the scheduled start time of an event. ECMs may also be executed on a separate mat during the regular event, or, they may occur at the end of an event.